SEPTEMBER 2019 - BREAKFAST MENU

Please Note: 100% Fruit Juice, Low-Fat/Fat Free Milk or are offered daily. Bread: Whole Grain White or Whole Grain Wheat and Whole grain dinner rolls are offered.

September 5th- First Day of SchoolSeptember 19th- Parent Meeting - @ 6:30pmSeptember 20th- 12:30pm Dismissal - Staff In-Service Day

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|---|---|---|--|--|
| | LABOR DAY HOLIDAY! SCHOOL CLOSED 2 | SCHOOL CLOSED!! 3 | SCHOOL CLOSED!! | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION |
| | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 9 | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 10 | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 11 | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 12 | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 13 |
| | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 16 | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 17 | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 18 | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION Parent Meeting @ 6:30 19 | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 12:30pm Dismissal 20 |
| | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 23 | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 24 | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 25 | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 26 | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 27 |
| ww.shuttenteck.com | HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION 30 | WELCOME BACK!! 1 ST DAY OF SCHOOL SEPTEMBER 5 th | | September 19 th @ 6:30pm Parent Meeting/ Back to School Night | |

***Menu Subject to Change!!

SEPTEMBER 2019 - LUNCH MENU

Please Note: 1% Milk is offered daily.

Bread: Whole Grain White or Whole Grain Wheat and Whole grain dinner rolls are offered. Vegetable Bar is offered DAILY with rotational items.

September 5th- First Day of SchoolSeptember 19th- Parent Meeting - @ 6:30pmSeptember 20th- 12:30pm Dismissal - Staff In-Service Day

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| LABOR DAY HOLIDAY! SCHOOL CLOSED 2 | SCHOOL CLOSED!! 3 | SCHOOL CLOSED!! 4 | Beef Tacos w/ Lettuce Tomato & Cheese Bean Dip & Nachos Salad Bar Fresh Fruit Drink Selection 5 | Italian Sub Sandwich Ham, Salami, Provolone Chips & Pickle Fresh Fruit Garden Salad Drink Selection 6 |
| <u>Meatless Monday</u> Baked Ziti Garlic bread Salad Bar Fresh Fruit Drink Selection 9 | Grilled Chicken Wrap Roasted Red Peppers Lettuce /Tomato Chips, Salad Bar Fresh Fruit Drink Selection 10 | Hot Open Face Turkey Sandwich Egg Noodles w/ Gravy String Beans, Salad Bar Fresh Fruit Drink Selection 11 | BBQ Chicken on a Roll Celery & Carrot Sticks Salad Bar Fresh Fruit Drink Selection 12 | Hot Dogs on a Roll Chili or Sauerkraut Mac & Cheese Salad Bar Fresh Fruit Drink Selection 13 |
| <u>Meatless Monday</u> Grilled Cheese Sandwich Pickles & Chips Salad Bar Fresh Fruit Drink Selection 16 | Sloppy Joe on a Roll Pickles & Chips Salad Bar Fresh Fruit Drink Selection 17 | Turkey BLT on a Roll Chips & Pickles Salad Bar Fresh Fruit Drink Selection 18 | Pasta Arribiata with Chicken Garlic Bread Salad Bar, Fresh Fruit Drink Selection Parent Meeting @ 6:30 19 | Early Dismissal @ 12:30pm No Lunch Snack Provided 20 |
| <u>Meatless Monday</u> Pasta Alfredo Garlic bread Salad Bar Fresh Fruit Drink Selection 23 | Chicken Tenders French Fries Apple Sauce Salad Bar Fresh Fruit Drink Selection 24 | Beef Fritta w/ Lettuce & Tomato Salsa & Chips Salad Bar Fresh Fruit Drink Selection 25 | Honey Roasted Turkey & Cheese on Round Roll, Pickle, Salad Bar Fresh Fruit Drink Selection 26 | Bowtie Pasta w/Sausage & Zucchini Garlic Bread Salad Bar Fresh Fruit Drink Selection 27 |
| <u>Meatless Monday</u> Stuffed Shells W Marinara Sauce Garlic Bread Salad Bar Fresh Fruit Drink Selection 30 | WELCOME BACK!! 1 ST DAY OF SCHOOL SEPTEMBER 5 th | | September 19 th @ 6:30pm Parent Meeting/ Back to School Night | |

***Menu Subject to Change!!