

# October 2017 - Lunch Menu

Please Note: 100% Fruit Juice, Low-Fat/Fat Free Milk or are offered daily.

Bread: Whole Grain White or Whole Grain Wheat and Whole grain dinner rolls are offered.

Salad Bar is offered DAILY with rotational items.

October 4<sup>th</sup> – Parent Support Group Meeting @ 6:30pm

October 6<sup>th</sup> – 12:30pm Dismissal – Staff In-Service Day

October 9<sup>th</sup> – Columbus Day – School Closed

October 19<sup>th</sup> – Parent Meeting / Wellness Fair @ 6:30

October 27<sup>th</sup> - School Closed – ASAH Convention

	Monday	Tuesday	Wednesday	Thursday	Friday
	Hamburger w/ Cheese Baked Fries Vegetables Fresh Fruit Salad Bar Drink Selection 2	Ham or Turkey Sandwich Chips Fresh Fruit Salad Bar Drink Selection 3	Pasta & Meat Sauce Vegetable Fresh Fruit Salad Bar Drink Selection Parent Support Group Meeting @ 6:30 4	Spaghetti & Meatballs Vegetables Fresh Fruit Salad Bar Drink Selection 5	Early Dismissal @ 12:30pm No Lunch Snack Provided 6
	<b>Columbus Day School Closed!</b> 9	Chicken Nuggets Baked Fries Vegetables Fresh Fruit Salad Bar Drink Selection 10	Baked Ziti Garlic Bread Vegetable Fresh Fruit Salad Bar Drink Selection 11	Chicken & Broccoli Pasta Vegetable Fresh Fruit Salad Bar Drink Selection 12	<b>CHEF'S SURPRISE</b> 13
	Chicken Patty Brown Rice Fresh Fruit Salad Bar Drink Selection 16	Pasta & Meat Sauce Vegetable Fresh Fruit Salad Bar Drink Selection 17	Ham or Turkey Sandwich Chips Fresh Fruit Salad Bar Drink Selection 18	Spaghetti & Meatballs Vegetables Fresh Fruit Salad Bar Drink Selection 19	<b>CHEF'S SURPRISE</b> 20
	Tuna Sandwiches Chips Fresh Fruit Salad Bar Drink Selection 23	Meatball Sub Spaghetti Vegetables Fresh Fruit Salad Bar Drink Selection 24	Sloppy Joes Choice of Bread Brown Rice, Veggies Fresh Fruit Salad Bar Drink Selection 25	Baked Ziti Garlic Bread Vegetable Fresh Fruit Salad Bar Drink Selection 26	<b>School Closed! ASAH Convention</b> 27
	Ham or Turkey Sandwich Chips Fresh Fruit Salad Bar Drink Selection 30	Hot Dog on a Bun Chili / Cheese Garden Salad Fresh Fruit Drink Selection 31	October 10 <sup>th</sup> Picture Day Please remember to send in your order form and payment!	October 19 <sup>th</sup> Parent Meeting / Wellness Fair Meeting & Wellness Fair @ 6:30	