



# Chapel Hill Academy

*Discovering the Possibilities...*

July 2018

Dear Parents/Guardian:

In order to participate in our soccer, basketball or softball teams, each player, grade 6 and up, is required to have an annual Sports Physical Examination.

You may use your own private Physician, or the physical exam can be done by Chapel Hill Academy's School Physician, **at no cost to you.** The school's physician will be here to give physicals on September 13<sup>th</sup> and September 20<sup>th</sup>.

PLEASE NOTE – If you have the physical exam done by your private Physician, it **MUST** be documented on the NJ Pre Athletic Physical Exam form. There is no exception to this, as this is the requirement of the State of New Jersey. Under no circumstance can a student participate in a sport without clearance documented on this form. The Physical must be within 1 year of the start of the sport.

The form can be found on the Chapel Hill website under the Nurse & Health section, and consists of three parts. Part A is to be completed by the Parent, prior to the Physical Exam. There is also an Opioid Fact sheet that you are required to review with your child as well as a signature form to be signed by the student as well as the parent, stating the information has been reviewed.

Please complete the bottom portion of this letter which gives permission for the School Physician to examine your child, and return it with the completed Parent Section of the form.

If you have any questions, please call me at 973-686-0004 x1170.

Lisa Bell, RN, BA, CSN  
School Nurse

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**Name of Student:** \_\_\_\_\_

(Please print)

\_\_\_\_ I give permission for my child to have a physical by Chapel Hill Academy's Physician.

\_\_\_\_ My child will have a physical performed by our family physician and documented on the NJ Pre Athletic Physical form.

Parent/Guardian's Name: \_\_\_\_\_

(Please Print)

Parent/Guardian Signature: \_\_\_\_\_