

October 2019 Breakfast Menu

Please Note: 100% Fruit Juice, Low-Fat/Fat Free Milk or are offered daily.
 Bread: Whole Grain White or Whole Grain Wheat and Whole grain dinner rolls are offered.
 Salad Bar is offered DAILY with rotational items.

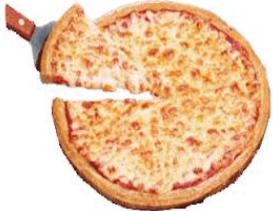
October 2nd – Parent Support Group Meeting @ 6:30pm
 October 9th – Yom Kippur – School Closed
 October 14th – Columbus Day – School Closed
 October 17th – Parent Meeting / Wellness Fair @ 6:30

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>October 17th Picture Day</p> <p>Please remember to send in your order form and payment!</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>1</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION Parent Support Group Meeting @ 6:30pm</p> <p>2</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>3</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>4</p>
	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>7</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>8</p>	<p>Yom Kippur School Closed!</p> <p>9</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>10</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>11</p>
	<p>Columbus Day School Closed!</p> <p>14</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>15</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>16</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION Parent Meeting/ Wellness Fair @ 6:30pm</p> <p>17</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>18</p>
	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>21</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>22</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>23</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>24</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>25</p>
	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>28</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>29</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>30</p>	<p>HOT/COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION</p> <p>31</p>	

October 2019 Lunch Menu

Please Note: 100% Fruit Juice, Low-Fat/Fat Free Milk or are offered daily.
 Bread: Whole Grain White or Whole Grain Wheat and Whole grain dinner rolls are offered.
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October 2nd – Parent Support Group Meeting @ 6:30pm
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	Monday	Tuesday	Wednesday	Thursday	Friday
	October 17th Picture Day Please remember to send in your order form and payment! 1	Pizza Fresh Fruit Salad Bar Drink Selection 2	Breakfast For Lunch French Toast Sausage, Scrambled Eggs Garden Salad, Fruit Drink Selection Parent Support Group Meeting @ 6:30pm 3	Breaded Chicken Cutlet Mashed Potato Corn and Dinner Roll Fresh Fruit, Salad Bar Drink Selection 4	Cuban Sandwich Salsa and Chips Fresh Fruit Salad Bar Drink Selection 5
	<u>Meatless Monday</u> Pizza Quesadilla Salad Bar Fresh Fruit Drink Selection 7	Beef And Broccoli Over Brown Rice Egg Rolls Fresh Fruit Salad Bar Drink Selection 8	Yom Kippur School Closed! 9	Italian Sub Sandwich Lettuce, Tomato, O & V Chips Fresh Fruit Salad Bar Drink Selection 10	Chicken Cacciatore Over Rice Fresh Fruit Salad Bar Drink Selection 11
	Columbus Day School Closed! 14	Hot Dog on a Bun Sauerkraut or Chili Mac & Cheese Garden Salad Fresh Fruit Drink Selection 15	Chicken Fajitas w/ Onions & Peppers Yellow Rice Fresh Fruit Salad Bar Drink Selection 16	Grilled Cheese Tomato Soup Pickle and Chips Fresh Fruit, Salad Bar Drink Selection Parent Meeting/ Wellness Fair @ 6:30pm 17	Meatloaf Mashed Potatoes & Gravy Carrots, Dinner Roll Fresh Fruit, Salad Bar Drink Selection 18
	<u>Meatless Monday</u> Tuna or Egg Salad on Roll, Vegetable Soup Fresh Fruit Salad Bar Drink Selection 21	Chicken Caesar Wrap Cup of Soup Chips Fresh Fruit Salad Bar Drink Selection 22	Fried Chicken Mac & Cheese Vegetable Fresh Fruit Salad Bar Drink Selection 23	Philly Cheese Steak Hero w/ Peppers & Onions Roasted Potatoes Fresh Fruit Salad Bar Drink Selection 24	Pizza Fresh Fruit Salad Bar Drink Selection 25
	<u>Meatless Monday</u> Baked Potato w/ Meatless Chili Broccoli & Cheese Fresh Fruit, Salad Bar Drink Selection 28	Beef Stew over Egg Noodles w/ Gravy Dinner Roll Fresh Fruit, Salad Bar Drink Selection 29	Chicken Patty w/ Cheese On a Round Roll Chips Fresh Fruit Garden Salad Drink Selection 30	Beef Tacos w/ Lettuce, Tomato & Cheese Chips & Bean Dip Fresh Fruit Salad Bar Drink Selection 31	