## October 2024 - Breakfast Menu

Please Note: 100% Fruit Juice, Low-Fat/Fat Free Milk or are offered daily.

Bread: Whole Grain White or Whole Grain Wheat and Whole grain dinner rolls are offered.

Garden Salad is offered DAILY with rotational items.

October 2<sup>th</sup> – Parent Support Group Meeting @ 6:30pm (Virtual) October 14<sup>th</sup> – Columbus Day – School Closed October 17<sup>th</sup> – Parent Meeting @ 6:30pm

	Monday	Tuesday	Wednesday	Thursday	Friday
		COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION Parent Support Meeting 2	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION
VOGURT	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION
	Columbus Day School Closed!  14	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION Parent Meeting 17	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION
MILK MIK	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION
www.shutterstosk.com - 128379248	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	COLD CEREAL ASSORTED YOGURT FRESH FRUIT PURE FRUIT JUICE MILK SELECTION	HAPPY OCTOBER

## October 2024 - Lunch Menu

Please Note: 100% Fruit Juice, Low-Fat/Fat Free Milk or are offered daily.

Bread: Whole Grain White or Whole Grain Wheat and Whole grain dinner rolls are offered.

Garden Salad is offered DAILY with rotational items.

October 2<sup>th</sup> – Parent Support Group Meeting @ 6:30pm (Virtual) October 14<sup>th</sup> – Columbus Day – School Closed October 17<sup>th</sup> – Parent Meeting @ 6:30pm

 Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Fajita's With onions and peppers Sour Cream Chips Garden Salad Fruit Selection Drink Selection	Chicken and Broccoli Over rice Egg rolls Garden Salad Drink Selection	Turkey on Rye w/ Coleslaw and Russian dressing chips Garden Salad Fruit Selection Drink Selection	Pasta with Meat Sauce Garlic Bread Fruit Selection Garden Salad Drink Selection
	1	2	3	4
Chicken Queso Chips and Salsa Garden Salad Fruit Selection Drink Selection	Italian Sub Ham Salami Provolone L&T O&V Chips Pickle Garden Salad Fruit Selection Drink Selection	Rigatoni with Meatballs Garlic Bread Fruit Selection Garden Salad Drink Selection	Sausage and Peppers over white rice Dinner roll Minestrone soup Garden Salad Fruit Selection Drink Selection	Breakfast for lunch French Toast Breakfast Sausage Syrup Garden Salad Fruit Selection Drink Selection
COLUMBUS DAY School Closed 14	Chicken Parm Hero Chips, Fruit Selection Garden Salad Drink Selection	Turkey and cheese on round roll chips and pickle Fruit Selection Garden Salad Drink Selection	(2) hot dogs Mac and cheese Cup of Chili Fruit, Garden Salad Drink Selection Parent Meeting	Chicken Tenders Tater Tots Chocolate Pudding Garden Salad Fruit Selection Drink Selection
Pasta Arrabiatta(spicy) Garlic Bread Fruit Selection Garden Salad Drink Selection	Cheese Burger on Bun Potato Salad Pickles Garden Salad Fruit Selection Drink Selection	Cuban Sandwiches Ham, Swiss, Dijonese on toasted roll and pickle Chips and salsa Garden Salad Assorted Fruit Drink Selection	Chicken Alfredo pasta Garlic Bread Garden Salad, Fruit Drink Selection	Pizza Garden Salad Assorted Fruit Drink Selection
Meatball Parm Hero Chips Garden Salad Fruit Selection Drink Selection	Chicken Cutlet Potato Au Gratin Garden Salad Fruit Selection Drink Selection	French Dip Roast beef w/ mozzarella On toasted bread Au jus gravy chips Garden Salad Fruit Selection Drink Selection	Sloppy Joe on a round roll popcorners Pickles Garden Salad Fruit Selection Drink Selection	OCTOBER MADE TO SEAL T